

## [Met Office issue Amber Weather Warning for rain](#)

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The Met Office has issued an Amber weather warning for Central, Tayside and Fife with Storm Babet likely to bring exceptionally wet conditions across eastern Scotland between 6am on Thursday 19 October and 6pm on Friday 20 October.

It is increasingly likely that a period of disruptive, heavy and prolonged rainfall will affect parts of eastern Scotland.

The heaviest rainfall is more likely to happen over Angus and southeast Grampian, although even lower lying areas could see unusually heavy rainfall during this period.

Widely 70-100 mm of rain is likely, but some upland areas may see as much as 150-200 mm of rain through this period. Very strong southeasterly winds are likely to accompany heavy rainfall which may worsen any impacts.

The Met Office's [full warning and mapping](#) of this weather event can be found on their website along with a [range of advice](#) to help people deal with incidents of severe weather.